

BiochemNordic

Measure your thyroid function

Name:

E-mail:

Day 1	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			
Day 2	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			
Day 3	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			
Day 4	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			
Day 5	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			
Day 6	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			
Day 7	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			

Get help interpreting your temperature and pulse measurements.
Book your thyroid consultation [here!](#)

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Day 8	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			
Day 9	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			
Day 10	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			
Day 11	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			
Day 12	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			
Day 13	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			
Day 14	Temperature	Pulse	Symptoms
Before breakfast			
After breakfast			
Afternoon or evening			

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